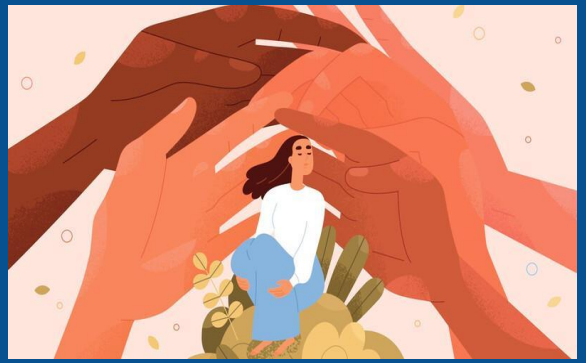
Unitarian Universalist Fellowship of Redwood City

Reaching Out
November 8, 2026

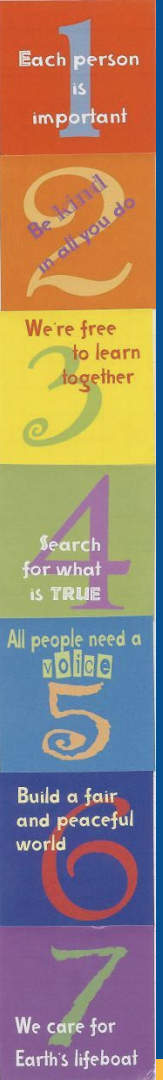
In times of grief, challenge, and pain, humans intuitively reach out - with our hands and with our hearts. When we reach out, what do we reach for? When others reach out around us, how do we respond?



Worship Led by: Melanie Flint

Worship Associate: Jeanne De Shazo

Music by: Dawn Reyen & Larry Chinn

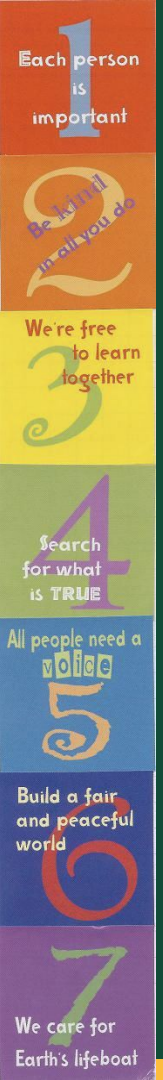


Childcare in the Block Room
Ages 6 months - 4

Childcare is offered in the Block Room for ages 6 months through 4.

Available weekly during Sunday worship services 10:15 –11:45 am.

If you have questions about childcare or programming for school-age children and youth, please contact Maeve Knoth, Sunday Vision Implementation Committee, Chair



Youth Programming/Religious Education
K - 9th Grade

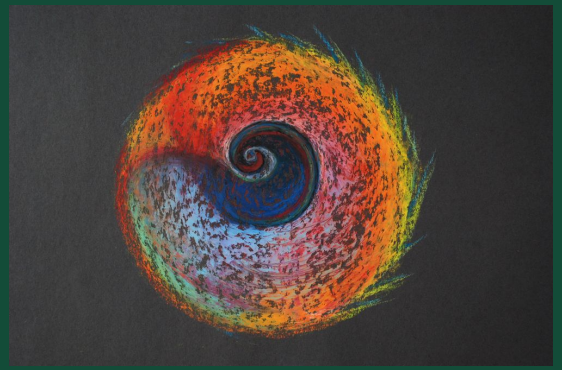
November 8 is a Full Service Sunday.

Children and youth start in the service and then are sung out to their age level classes on the theme of Healing with Dianne and Marcey.

If you have questions about childcare or programming for school-age children and youth, please contact Maeve Knoth, Sunday Vision Implementation Committee, Chair

Weekly Meditation Circle
Monday, November 9
5 - 6 PM, Sanctuary

Are you “meditation curious”?

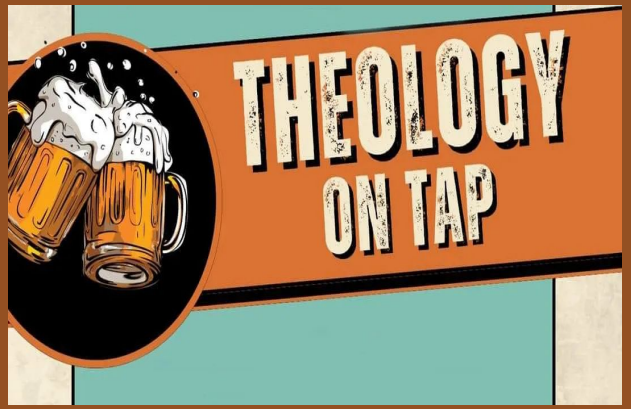


Are you a regular practitioner looking for a group to join?

Come and give it a try. Drop in activity.
ALL ARE WELCOME!

Contact learningjourney@uufrc.org with questions.

Theologies on Tap
Wednesday, November 11
7:00 PM, Blue Oak Brewing, San Carlos



- Please join us for deep, small-group discussions.
- Bring a drink for yourself or buy alcoholic beverages on site.
- Bring an open mind and maybe a friend.
- Contact Jason Laderman-Jones for more information.

Game Night

Friday, November 13
6:00 PM, Social Hall

- Join us for games, laughs, food, and fantastic company, hosted by the Connections Committee.
- Food provided.
- Please RSVP to Aurelia Abcouwer.

Invite · Welcome · Connect

Are you new to UUFRC? Are you UU Curious?

Would you like to know more about UUFRC
or becoming a member?

Newcomer Welcome Circle
Sunday, November 15, 12:00-12:45 pm, Classroom

Learn about Unitarian Universalism

Questions? Email ***connecting@uufrc.org***

Caregivers Support Group
Sunday, November 22
12:00 - 1:30 PM, Back Lounge

An ongoing gathering for those who have primary responsibility of caring for a family member or friend.

All are welcome.

Please contact pastoralcare@uufrc.org if you want to attend virtually.

SAVE THE DATE

If you're interested in helping plan this event, please contact Barbie Laderman-Jones, (530) 902-5874 (call or text), barbie.ladermanjones@gmail.com

The Caring Committee is here for YOU!

Caring Coordinator: Gwen Leonard

Are you in need?

- Need a ride (for example—to medical appointment)
- Need meals (for example—after a medical procedure or the loss of a loved one)
- Need an errand taken care of

Email: caring@uufrc.org
Or call/contact Gwen

Can you help?

- Provide a ride
- Provide a meal
- Take care of an errand

Email: caring@uufrc.org to join a list to be contacted when needs arise

Or call/contact Gwen

UUFRC Pastoral Care Team:

- "On call" to support fellowship members who have emotional and spiritual needs.
- Supports the minister and the Connections Committee to offer resources to those who express a need for ongoing support. Communicates with the Caring Committee to coordinate help with practical needs.

Contact us at: pastoralcare@uufrc.org or email coordinator, Sally Mentzer.
We are ready and willing to offer our support.