Unitarian Universalist Fellowship of Redwood City

Cat Drool and Brambles: A Young Adult Retreat

July 12, 2026

You might think that being covered in cat drool and brambles is a negative thing—but come to learn why it's the opposite (you are covered in love). Young adults from different congregations come together to make an intentional and reflective community over the course of three days. Join us as we share our reflections, memories, and learnings from our retreat.

Worship Led by: **Hanju Kim, Emma Wakeling, Nick Kennen**
Music by: **Dawn Reyen**

Please silence all electronic devices at this moment.

Gathering of Our Community

WELCOME: Hanju Kim

LIGHTING THE CHALICE: Hanju Kim

SONG: #346 "Come Sing a Song With Me"
This song was written by Carolyn McDade, a contemporary, American UU songwriter. This song states how we can all be a source of hope for one another, especially for those who are struggling to cope with the challenges of life.

ANNOUNCEMENTS: Hanju Kim

OFFERING: Hanju Kim
If you would like to support our program, you can donate! uufrc.org/community/giving/

OFFERTORY: "Deep River" - Peter Thiel
An anonymous African-American spiritual popularized in the early 1900s, it speaks of crossing over into campground.

Deepening

REFLECTION: Emma Wakeling

REFLECTION: Nick Kennen

REFLECTION: Viv Hay

SONG: #168 "One More Step"
Written by Contemporary Canadian Unitarian songwriter Joyce Poley. This song encourages us to take simple actions and be persistent as we seek to spread more justice and equity in our world.

EXTINGUISHING THE CHALICE: Hanju Kim

After a short worship service, we usually break into small groups, but for this summer, we will join together to engage in whole-congregation activity:

Care Packages for St. Francis Center: Following our morning service, join **Martha Beetley** and **Chris Stovall** in the **Social Hall** to assemble lunches for day laborers. Lunches will be delivered to folks near Chavez Markets on Middlefield and in North Fair Oaks

Reflection on the Worship Topic (Zoom only): Continue the discussion of transformation begun in the worship service. Join **Hanju Kim** on **Zoom only.** Ages 14 and up.

Visitors: *Visitors* are welcome to participate in UUFRC activities. For more information, email Jen Gill our Connections Coordinator (**connecting@uufrc.org)** or learn more at: **uufrc.org/connection/visiting-us/**

Hearing Assistance Devices: are available at the back of our sanctuary for all who would benefit.

Announcements

- Summer Learning Journey Class: Join Mary Ellen Morgan on Tuesdays, 7/14, 21, 28 and 8/4 from 6-8 pm for a book discussion of Caste by Isabel Wilkerson. Details in the UUFRC bulletin.
- July 19 our Share the Plate recipient is Domini Hoskins Black History Museum and Learning Center, a cultural treasure in the heart of Redwood City.
- Be inspired by Lightworkers, a documentary about people using courage, joy, and community to resist authoritarianism. 3:30-6pm, July 25, in the Sanctuary. Join a Q&A with Robert Hubbell afterwards.
- There are countless ways to get involved and fight for justice. See the left side bar of the Social Action Committee page of the UUFRC website to find easy volunteer activities for social justice.
- Please sign up to be a Summer Greeter! The signup poster is in the Social Hall. It's a fun and important job that keeps Sundays rolling smoothly.

About UUFRC: Our vision is to be a community of spiritual growth, compassion, and justice. We are a welcoming and inclusive community of individuals of all ages who seek spiritual meaning, empower personal growth, build connections with our neighbors, act for justice, and inspire others to join us.

Statement of Unitarian Universalist Values

Love is the power that holds us together and is at the center of our shared values. We are accountable to one another for doing the work of living our shared values through the spiritual discipline of Love. Inseparable from one another, these shared values are:

Generosity We cultivate a spirit of gratitude and hope.

Transformation We adapt to the changing world.

Equity We declare that every person is inherently worthy and has the right to flourish with dignity, love and compassion.

Interdependence We honor the interdependent web of all existence. With reverence for the great web of life and with humility, we acknowledge our place in it.

Justice We work to be diverse multicultural Beloved Communities where all thrive.

Pluralism We celebrate that we are all sacred beings diverse in culture, experience, and theology.

Center of Interest: In the spirit of inclusivity, the Center of Interest for the summer is a rainbow garden of flowers created by participants in an earlier Action Sunday workshop.

Thank you hybrid service support team!

A huge and heartfelt THANK YOU to everyone working on and off screen today!

Tech Team: Rob Davis, Adrian Hull, Kaye Bonney

Refreshments: Carrie Du Bois, Elizabeth Sloan, Susan Larson

Greeters: Bev Morgan, Jen Gill

Worship Slides: Gigi Casey

To Contact Staff or Board:

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Sunday Offering:

You can donate to support our programs!

Thank you for joining us. Please stay after the service for social time in the community room or online.