

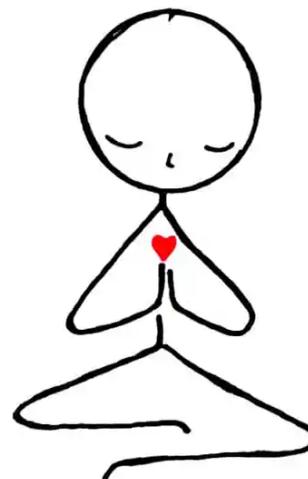
Unitarian Universalist Fellowship of Redwood City

2124 Brewster Avenue, Redwood City, CA 94062

The Difficulty with Self-Forgiveness

September 5, 2021

September 6th marks the beginning of the Jewish High Holidays – Rosh Hashanah and Yom Kippur. - when Jews are expected to reflect on their lives and repent for their wrong doing. Forgiveness is challenging and perhaps the most difficult act of forgiveness for many of us is the act of forgiving oneself for our own wrong-doing. This worship service will explore the appropriateness, difficulties and healing of self-forgiveness.



Worship Leader: Rev. Brian Ferguson

Worship Associate: Jeanne De Shazo

Reflection: Jen Gill

Musical Director: Dawn Reyen

Pianist: Larry Chinn

Please silence all electronic devices and join us at this moment.

Gathering of our Community

WELCOME: Jeanne De Shazo

LIGHTING THE CHALICE: Rev. Brian Ferguson

This is the season of repair.

*A time to reflect on how we might endure
when life tears at us.*

*We are held by the great Book of Life,
in which it is written that we will inevitably
face deprivation and discomfort,
longing and forgiveness.*

*Each among us must contemplate our own
place in it all.*

*Let us mark the High Holy Days of Judaism,
as our hearts fill with hope and fear,
turning and settling, mystery and agency,
accountability and acceptance.*

*Let us gather today in somber celebration of
our shared humanity and personal power.*

Come, let us worship together!

- adapted from words by Rev. Leah Ongiri

OPENING HYMN: #109 “As We Come
Marching, Marching”

Connecting within Our Community

TIME FOR ALL AGES: Rev. Brian Ferguson

COMMUNITY ANNOUNCEMENTS: Peter Hartzell

REFLECTION: Jen Gill

JOYS AND SORROWS: Rev. Brian Ferguson & Jeanne De Shazo

OFFERING AND OFFERTORY: Jeanne De Shazo
“Avinu Malkeinu” by Max Janowski

Deepening

PRAYER: Rev. Brian Ferguson

SPECIAL MUSIC: “Eli, Eli” by Hannah Senesh and David Zehavi
performed Bev Morgan & Dawn Reyen

REFLECTION: Jeanne De Shazo

HYMN: #323 “Break Not the Circle”

SERMON: “The Difficulty of Self-Forgiveness”
- Rev. Brian Ferguson

Returning to Life in Service

CLOSING HYMN: #179 “Words That We Hold Tight”

EXTINGUISHING THE FLAME: Rev. Brian Ferguson
*“We extinguish this flame, but not the light of
truth, the warmth of community, or the fire of
commitment. These we carry in our hearts until
we are together again.”*
— Elizabeth Sëlle Jones

CLOSING WORDS: Rev. Brian Ferguson

Thank you for joining us. Please stay after the service for virtual coffee.

Welcome to the Unitarian Universalist Fellowship of Redwood City

If you would like more information about this liberal religious congregation, check out the UUFRC Facebook page (facebook.com/uufrc), visit our website (RedwoodCityUU.org) for news and events, or request a call from our Minister.

Visitors: Visitors are always welcome to participate in UUFRC events and activities. During this time, some are being conducted virtually. To see what is happening, please check out our Facility Calendar on our website: <https://www.uufrc.org/upcoming-events/calendar-of-events/>. For more information about this liberal religious congregation, please request a call from our Connections Coordinator, learn more at: <https://www.uufrc.org/connection/visiting-us/>

Sunday Offering: A familiar Sunday Service is a critical part of life for many of us. We are happy you joined us. If you would like to support our programs, you can donate now!

<https://www.uufrc.org/community/giving/>

Thank you our virtual service support team

We would like to give a very heartfelt THANK YOU to all the wonderful volunteers working on and off screen during today's service. It definitely takes a dedicated and hard-working team to make the virtual service run as wonderful as they do.

Online Host: Rob Davis

Projection: Peter Hartzell

Video Recording: Anna Dyer

Music Support: Dawn Reyen & Larry Chinn

Sound: Liz Davis

Social Hour Host: Rob Davis

Website Support: Crystal Valdez-Chandra

Grounds Crew: Jonelle Preisser & Peter Hartzell

Video Production Larry Chinn

Announcements: Peter Hartzell

Support:

Sanctuary Technical John Cooney &

Support: Grant Huberty

Mission Statement UUFRC

We are a welcoming and inclusive community of individuals of all ages who seek spiritual meaning, empower personal growth, build connections with our neighbors, act for justice, and inspire others to join us.

Our Principles in Brief

This congregation is part of the larger Unitarian Universalist Association. Together, we covenant to affirm and promote Seven Principles:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.

Staff and Board Contact Information

Minister: Rev. Brian Ferguson: ministeratuufrc@gmail.com, 650-365-1426

Interim Director of Youth and Family Programming: Lillian Svec: dyaf.uufrc@gmail.com

Connections Coordinator: Jen Gill: connecting@uufrc.org

Music Director: Dawn Reyen: musicdirector@uufrc.org

Office: Jan Johnson and Crystal Valdez-Chandra: office@uufrc.org, 650-365-6913

Bookkeeper: Cyndi Williamson: bookkeeper@uufrc.org

Board of Trustees: Chris Stovall, Rob Davis, Jeanne De Shazo, Dick Edminster, Peter Hartzell, Tavis Page, Polly Ragusa: board@uufrc.org, 650-508-7941
