

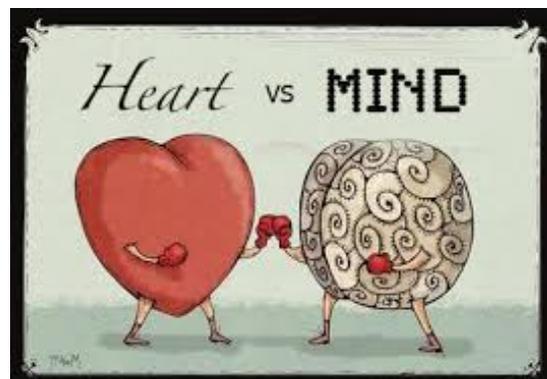
Unitarian Universalist Fellowship of Redwood City

2124 Brewster Avenue, Redwood City, CA 94062

The Challenges of Being Kind

August 22, 2021

Kindness is one of our human traits that we admire in others and strive for ourselves. It can also be very difficult to achieve when we are angry, jealous, or sad. All the major world religions encourage kindness to family, friends and strangers yet often it can be most difficult to be kind to those we are closest to. This worship service will explore kindness and our human struggles with being as kind as we wish to be.



Worship Leader: Rev. Brian Ferguson

Worship Associate: John Kim

Musical Director: Dawn Reyen

Pianist: Larry Chinn

Please silence all electronic devices and join us in this moment.

Gathering of our Community

WELCOME: John Kim

LIGHTING THE CHALICE: Rev. Brian Ferguson

*A chalice lit in our midst is a symbol of our
liberal faith,*

*A faith built on the foundation of freedom,
reason and tolerance*

A faith sustained by acts of kindness and justice

*A faith that visions a world flourishing with
equality for all her people*

A faith that demands the living out of goodness

A faith that requires thoughtfulness

A faith of wholeness

*This tiny flame is the symbol of the spark of all
this within each of us.*

- Rev. Debra Faulk

OPENING HYMN: #346 "Come Sing a Song with Me"

Connecting within Our Community

TIME FOR ALL AGES: Rev. Brian Ferguson

COMMUNITY ANNOUNCEMENTS: Tavis Page

JOYS AND SORROWS: John Kim

MEDITATION: Rev. Brian Ferguson

OFFERING AND OFFERTORY: John Kim

"Please Be Kind" by Saul Chaplin & Sammy Cahn

Deepening

REFLECTION: John Kim

SPECIAL MUSIC: "Try a Little Kindness" by Curt Sapaugh & Bobby Austin
performed by Quentin Lewis & Larry Chinn

REFLECTION: "The Challenge of Being Kind"
- Rev. Brian Ferguson

HYMN: #1008 "When Our Heart is in a Holy Place"

REFLECTION CONTINUED:
- Rev. Brian Ferguson

Returning to Life in Service

CLOSING HYMN: #1031 "Filled with Loving Kindness"

EXTINGUISHING THE FLAME: Rev. Brian Ferguson
*"We extinguish this flame, but not the light
of truth, the warmth of community, or the
fire of commitment. These we carry in our
hearts until we are together again."
— Elizabeth Sëlle Jones*

CLOSING WORDS: Rev. Brian Ferguson

Thank you for joining us. Please stay after the service for virtual coffee.

Welcome to the Unitarian Universalist Fellowship of Redwood City

If you would like more information about this liberal religious congregation, check out the UUFRC Facebook page (facebook.com/uufrc), visit our website (RedwoodCityUU.org) for news and events, or request a call from our Minister.

Visitors: Visitors are always welcome to participate in UUFRC events and activities. During this time, some are being conducted virtually. To see what is happening, please check out our Facility Calendar on our website: <https://www.uufrc.org/upcoming-events/calendar-of-events/>. For more information about this liberal religious congregation, please request a call from our Connections Coordinator, learn more at: <https://www.uufrc.org/connection/visiting-us/>

Sunday Offering: A familiar Sunday Service is a critical part of life for many of us. We are happy you joined us. If you would like to support our programs, you can donate now!
<https://www.uufrc.org/community/giving/>

Thank you our virtual service support team

We would like to give a very heartfelt THANK YOU to all the wonderful volunteers working on and off screen during today's service. It definitely takes a dedicated and hard-working team to make the virtual service run as wonderful as they do.

Online Host: Martha Beetley

Projection: Cyndi Williamson

Video Recording: Anna Dyer

Music Support: Dawn Reyen & Larry Chinn

Sound: Greg Stovall

Social Hour Host: Martha Beetley

Website Support: Crystal Valdez-Chandra

Grounds Crew: Sharon and Gregory Gee

Video Production Support: Larry Chinn

Announcements: Tavis Page

Sanctuary Technical Support: John Cooney & Grant Huberty

Mission Statement UUFRC

We are a welcoming and inclusive community of individuals of all ages who seek spiritual meaning, empower personal growth, build connections with our neighbors, act for justice, and inspire others to join us.

Our Principles in Brief

This congregation is part of the larger Unitarian Universalist Association. Together, we covenant to affirm and promote Seven Principles:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.

Staff and Board Contact Information

Minister: Rev. Brian Ferguson: ministeratuufrc@gmail.com, 650-365-1426

Interim Director of Youth and Family Programming: Lillian Svec: dyaf.uufrc@gmail.com

Connections Coordinator: Jen Gill: connecting@uufrc.org

Music Director: Dawn Reyen: musicdirector@uufrc.org

Office: Jan Johnson and Crystal Valdez-Chandra: office@uufrc.org, 650-365-6913

Bookkeeper: Cyndi Williamson: bookkeeper@uufrc.org

Board of Trustees: Chris Stovall, Rob Davis, Jeanne De Shazo, Dick Edminster, Peter Hartzell, Tavis Page, Polly Ragusa: board@uufrc.org, 650-508-7941
