

Unitarian Universalist Fellowship of Redwood City

2124 Brewster Avenue, Redwood City, CA 94062

Things That Don't Suck and Other Pleasures March 21, 2021

Back by popular demand, the UUFRC "Finding Your Spiritual Voice" writing group is returning for the 4th time to our pulpit. Join Liz Davis, Kate Hand, Elisabeth Rossi, Mary MacKay, and Suzanne Griffin for an exploration of "Things That Don't Suck and Other Pleasures."

Worship Leaders: Liz Davis and Kate Hand
Writers: Elisabeth Rossi, Liz Davis, Kate Hand & Mary MacKay
Musical Director: Dawn Reyen
Pianist: Larry Chinn



Please silence all electronic devices and join us in this moment.

WELCOME: Liz Davis

LIGHTING THE CHALICE: Kate Hand

At times our own light goes out and is rekindled by a spark from another person. Each of us has cause to think with deep gratitude of those who have lighted the flame within us.
--Albert Schweitzer

HYMN: #188 "Come Come, Whoever You Are"
Led by Dawn Reyen

MARCH ALL AGES ACTIVITY SLIDESHOW

"A Sleepin' Bee" by Harold Arlen and Truman Capote

TIME FOR ALL AGES: Lillian Svec, *Bea's Bees* by Katherine Pryor

COMMUNITY ANNOUNCEMENTS: David Stoutamire

OFFERING AND OFFERTORY: Erika Pretell -
Share the Plate Upward Scholars

Linda Prieto, the Executive Director of Upward Scholars
Upward Scholars is a Redwood City-based organization that provides adult immigrants from low-income households the boost they need to move up the economic ladder through education and career development support. For more information, visit UpwardScholars.org.

"Spring Is Here" by Richard Rodgers & Lorenz Hart

JOYS AND SORROWS: Kate Hand

MEDITATION: Liz Davis

READING: Put Something In, by Shel Silverstein

SPECIAL MUSIC: "Boom Boom" -
performed by UUFRC Choir

REFLECTION: "Joke Tree" - Liz Davis
Musical Interlude

REFLECTION: Simple, by Elisabeth Rossi
Musical Interlude

REFLECTION: *The Miracle of the Mundane*, by Kate Hand

SPECIAL MUSIC: "It's Been a Hard 12 Months" - by Paul McCartney and John Lennon,
with new lyrics and performed by Jen Gill

REFLECTION: If Wishes were Kisses, by Mary MacKay

CLOSING HYMN: "Put a Little Love in Your Heart" by Jackie DeShannon
Performed by members of UUFRC

EXTINGUISHING THE FLAME:

"We extinguish this flame, but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again."

— Elizabeth Sëlle Jones

Thank you for joining us. Please stay after the service for virtual coffee.

Welcome to the Unitarian Universalist Fellowship of Redwood City

If you would like more information about this liberal religious congregation, check out the UUFRC Facebook page (facebook.com/uufrc), visit our website (RedwoodCityUU.org) for news and events, or request a call from our Minister.

Visitors: Visitors are always welcome to participate in UUFRC events and activities. During this time, some are being conducted virtually. To see what is happening, please check out our Facility Calendar on our website: <https://www.uufrc.org/upcoming-events/calendar-of-events/>. For more information about this liberal religious congregation, please request a call from our Connections Coordinator, learn more at: <https://www.uufrc.org/connection/visiting-us/>

Sunday Offering: A familiar Sunday Service is a critical part of life for many of us. We are happy you joined us. If you would like to support our programs, you can donate now!
<https://www.uufrc.org/connection/donate/>

Thank you our virtual service support team

We would like to give a very heartfelt THANK YOU to all the wonderful volunteers working on and off screen during today's service. It definitely takes a dedicated and hard-working team to make the virtual service run as wonderful as they do.

Online Host: Jennifer Bahr-Davidson

Projection: Cyndi Williamson

Video Recording: Lee Rossi

Music Support: Dawn Reyen & Larry Chinn

Sound: Solveig Zarubin

Social Hour Host: Jennifer Bahr-Davidson

Website Support: Crystal Valdez-Chandra

Grounds Crew: Sharon & Gregory Gee

Announcements: David Stoutamire

Mission Statement UUFRC

We are a welcoming and inclusive community of individuals of all ages who seek spiritual meaning, empower personal growth, build connections with our neighbors, act for justice, and inspire others to join us.

Our Principles in Brief

This congregation is part of the larger Unitarian Universalist Association. Together, we covenant to affirm and promote Seven Principles:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.

Staff and Board Contact Information

Minister: Rev. Brian Ferguson: ministeratuufrc@gmail.com, 650-365-1426

Interim Director of Family and Youth Programming: Lillian Svec: dyaf.uufrc@gmail.com

Connections Coordinator: Jen Gill: connecting@uufrc.org

Music Director: Dawn Reyen: musicdirector@uufrc.org

Office: Jan Johnson and Crystal Valdez-Chandra: office@uufrc.org, 650-365-6913

Bookkeeper: Cyndi Williamson: bookkeeper@uufrc.org

Board of Trustees: Chris Stovall, Graham Abra, Rob Davis, Tavis Page, Polly Ragusa

David Stoutamire, Steve Hill: board@uufrc.org, 650-508-7941
