

Unitarian Universalist Fellowship of Redwood City

2124 Brewster Avenue, Redwood City, CA 94062

Resilience and Transformation

January 24, 2021

Life transformations and transitions can be sudden or gradual, planned or unexpected. Sometimes major life changes can be suddenly forced upon us and other times it is something we commit ourselves to and consciously strive for over a long period of time. Coping with transformation can be difficult and unsettling in most circumstances even when we have sought the change occurring. This worship service will explore the importance of resilience as we cope with changes thrust upon us and undertake the transformations we consciously seek.

Worship Leader: Rev. Brian Ferguson

Worship Associate: Jeanne De Shazo

Musical Director: Dawn Reyen

Pianist: Larry Chinn



Illustration by Gizem Vural

Please silence all electronic devices and join us in this moment.

Gathering of our Community

WELCOME: Jeanne De Shazo

LIGHTING THE CHALICE: Rev. Brian Ferguson

In this community, who hold hope close.

*We don't always know what comes next, but
that cannot dissuade us.*

*We don't always know just what to do, but
that will not mean that we are lost in the
wilderness.*

*We rely on the certainty beneath, the
foundation of our values and ethics.*

*We are the people who return to love like a
North Star and to the truth that we are
greater together than we are alone.*

*Our hope does not live in some glimmer of an
indistinct future.*

*Rather, we know the way to the world of
which we dream,*

*And by covenant and the movement forward
of right action and the next,*

We know that one day we will arrive at home.
- Rev. Theresa Soto

HYMN: #347 "Gather the Spirit"

Connecting within Our Community

JANUARY ALL AGES ACTIVITY SLIDE SHOW

TIME FOR ALL AGES: "Kamala and Maya's Big Idea" by Meena Harris

COMMUNITY ANNOUNCEMENTS

OFFERING AND OFFERTORY: Jeanne De Shazo

JOYS AND SORROWS: Rev. Brian Ferguson

MEDITATION: Rev. Brian Ferguson

HYMN: #352 "Find a Stillness"

Deepening

REFLECTION: Jeanne De Shazo

SPECIAL MUSIC: "Moonshadow" - Cat Stevens,
performed by Quentin Lewis

SERMON: "Resilience and Transformation"
- Rev. Brian Ferguson

Returning to Life in Service

CLOSING HYMN: #6 "Just as Long As I Have Breath"

EXTINGUISHING THE FLAME: Rev. Brian Ferguson

*"We extinguish this flame, but not the light of truth,
the warmth of community, or the fire of commitment.
These we carry in our hearts until we are together
again."*

— Elizabeth Sëlle Jones

CLOSING WORDS: Rev. Brian Ferguson

Thank you for joining us. Please stay after the service for virtual coffee.

Welcome to the Unitarian Universalist Fellowship of Redwood City

If you would like more information about this liberal religious congregation, check out the UUFRC Facebook page ([facebook.com/uufrc](https://www.facebook.com/uufrc)), visit our website ([RedwoodCityUU.org](https://www.RedwoodCityUU.org)) for news and events, or request a call from our Minister.

Visitors: Visitors are always welcome to participate in UUFRC events and activities. During this time, some are being conducted virtually. To see what is happening, please check out our Facility Calendar on our website: <https://www.uufrc.org/upcoming-events/calendar-of-events/>. For more information about this liberal religious congregation, please request a call from our Connections Coordinator, learn more at: <https://www.uufrc.org/connection/visiting-us/>

Sunday Offering: A familiar Sunday Service is a critical part of life for many of us. We are happy you joined us. If you would like to support our programs, you can donate now!
<https://www.uufrc.org/connection/donate/>

Thank you our virtual service support team

We would like to give a very heartfelt THANK YOU to all the wonderful volunteers working on and off screen during today's service. It definitely takes a dedicated and hard-working team to make the virtual service run as wonderful as they do.

Online Host: Jen Bahr-Davidson

Projection: Steve Hill

Video Recording: Lee Rossi

Music Support: Dawn Reyen & Larry Chinn

Sound: John Kim

Social Hour Host: Jen Bahr-Davidson

Website Support: Crystal Valdez-Chandra

Grounds Crew: Leslie & David Vallerga

Sanctuary Video: Grant Huberty &
John Cooney

Announcements: David Stoutamire

Video Production Support: Erika Pretell

Mission Statement UUFRC

We are a welcoming and inclusive community of individuals of all ages who seek spiritual meaning, empower personal growth, build connections with our neighbors, act for justice, and inspire others to join us.

Our Principles in Brief

This congregation is part of the larger Unitarian Universalist Association. Together, we covenant to affirm and promote Seven Principles:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.

Staff and Board Contact Information

Minister: Rev. Brian Ferguson: ministeratuufrc@gmail.com, 650-365-1426

Interim Director of Family and Youth Programming: Lillian Svec: dyaf.uufrc@gmail.com

Connections Coordinator: Jen Gill: connecting@uufrc.org

Music Director: Dawn Reyen: musicdirector@uufrc.org

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Bookkeeper: Cyndi Williamson: bookkeeper@uufrc.org

Board of Trustees: Chris Stovall, Graham Abra, Rob Davis, Tavis Page, Polly Ragusa
David Stoutamire, Steve Hill: board@uufrc.org, 650-508-7941
