



Redwood Reachout

Unitarian Universalist Fellowship of Redwood City
2124 Brewster Avenue, Redwood City, CA 94062

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Vol. 50, Issue No. 7

July 2009

Sunday Services – 10:30 a.m.

July 5: **Where Is the Stranger?** — Rev. Kurt A. Kuhwald

The practice of hospitality is a grace to which all cultures devote abundant energy. What deep spiritual/ethical truths within the human being lead us to such a practice? Is anyone a stranger? What are the key elements of authentic hospitality? Join our Sunday service and add your heart to the mix on the day after the U.S. celebration of independence.

July 12: **Letting Death Feed Life** — Rev. Vicky Combs

In the last century the United States has moved far away from natural ways of dealing with death, with an increasing industrialization of the funeral business that has had devastating environmental consequences. We'll talk about options such as home funerals and green burials that empower people to take back this very tender and personal time.

July 19: **Ministry and The Deep River-Runner Path** — Rev. Kurt A. Kuhwald

Choosing to collaborate with professional ministers reconfirms what Rev. Kuhwald calls "The Deep River-Runner Path" as central to a congregation's life. Join us as we journey that path as a gathered community exploring the many ways we gift each other's hearts and spirits.

July 26: **Hope on a Tightrope** — Rev. Kurt A. Kuhwald

Dr. Cornell West, inspirational, prophetic, Socratic visionary, has called us all to explore the way of hope in his recent book, *Hope on a Tightrope*. He asks, "What must happen for us to stay awake permanently and commit to critically engaging the public interest or expanding the common good?" Join us as we explore the questions of this good and dangerous man.

Invitation to Newcomers

Newcomers are warmly invited to join us for our monthly "Newcomer Circle" on July 12 after the service. This is an opportunity for you to learn more about our Fellowship and to ask any questions that you may have about us. We'll meet in the Back Lounge at 11:45 for this 30-minute gathering. Childcare is available. If you have any questions, please contact Cindy Johnson, Welcoming Coordinator, at 364-4995 or [phreeps @ pacbell.net](mailto:phreeps@pacbell.net).

Disaster Preparedness at UUFRC

UUFRC is partnering with the Peninsula Clergy Network (PCN), congregations throughout Redwood City, the Police and Fire Departments, Office of Emergency Services, and the Bay Area Red Cross to enhance disaster preparedness for all individuals. To be certified as a congregation that is prepared in the event of a disaster, the congregation must fulfill certain requirements, including

- a disaster briefing in a worship service,
- a disaster drill,
- staff and personal training,
- evaluation of the building structure, and
- water distribution to the congregation and the neighborhood.



Janette Rabin has accepted the responsibility for working with PCN to make these services available to our congregation, and our goal is to be among the first group of congregations to be certified. PCN is currently putting together plans with the Fire Department for staff and personal training opportunities.

On Sunday, July 26, following the worship service, purified drinking water packaged for storage in your home, car, or office with a five-year approved shelf life will be available for purchase. The cost is \$15 for a crate of 12 individual cartons. This amount should be sufficient to sustain four individuals for 3 days. It is highly recommended that you purchase or otherwise obtain a larger amount, because in the case of a major earthquake or other disaster, fresh water may not become available for a week or more.

Get prepared!! Tell your neighbors!!

MOCA Thank-Yous

Thank you from the Ministry of Culinary Arts (MOCA) to the following for hosting Sundays in June and July:

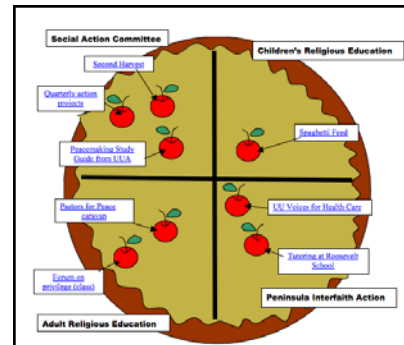
- Millie Kowski, Veronica Palmer, Steve Bradley, and Deanna Davenport – Celebrating our new members
- Patti and Dug Nichols – Celebrating being a new member and enjoying snacks
- Amy French – Celebrating Zoe's and Belle's Birthdays
- David and Charlotte Stoutamire – Celebrating a new baby
- Kathy's C-Group – Celebrating age and wisdom: Betty Lou Taylor and Fran Bownass
- Jackie's C Group
- Kristin Caldwell – Celebrating Skye's Birthday
- Bev and Tom Morgan – Celebrating Music

We need volunteers to host our Sunday after-service social time. Partnering with friends or other families makes hosting fun and much easier. The schedule is wide open for August and the rest of the year. Please sign up on the board by the kitchen.

Scheduled Community Action Activities

- Pastors for Peace kickoff party, Sunday, July 12
- Adult RE Workshop: Circling the Bay: A Pilgrimage to Wild and Sacred Places, Saturday, July 11, 9 a.m.–noon
- AIDS Walk, Sunday, July 19
- Village Harvest gleaning project for families, Saturday morning in August (TBD)

See the UUFRC web site [Calendar](#) and [Community Action](#) pages for updates.



UUs in the SF AIDS Walk

Thanks to our own Geri Kennedy, we UUs have our own team this year at the San Francisco AIDS Walk on July 19. The AIDS Walk takes place in Golden Gate Park. It is an easy 6.2 mile walk through the park, which will be filled with loads of energized people! We need at least 25 folks to sign up to have a dedicated table and gathering place, so sign up today! Register at aidswalk.net. Our team number is 1412. We are hoping to have a bunch of people (and/or perhaps donations) from each congregation. Questions? Contact team captain Geri at flamingogeri@gmail.com.

Special Supplies Collection for Pastors for Peace Caravan to Cuba

Would you like to give Carol Cross and Pat Crawford some supplies to take to Cuba in July as part of the Pastors for Peace U.S.–Cuba Friendship Caravan? There are bins below the Social Action table in the Social Hall for donated items. Especially needed for reconstruction of the many homes damaged by the 2008 hurricanes are hand and power tools, construction supplies, work clothes, and protective gear such as dust masks. Perennially needed are things like school supplies, medicines, PC computer gear, compact fluorescent light bulbs, gardening supplies, and nutritional supplements.

How about taking a look in your closet or garage for unused or lightly used materials (preferably small and lightweight)? Are you willing to ask your local drugstore or hardware store or garden store to make a donation? If you wish, Carol Cross can provide you with more information on the Caravan and a longer list of items needed. Or perhaps you'd like to make a monetary donation. There will be a collection jar on the SAC table, plus fair trade Divine Chocolate bars for purchase. And join us for the kickoff party July 12, where you can learn more about Pastors for Peace, Cuba, and fair trade chocolate.

July Campout—Kaye Bonney

This summer I am planning outings to some of the state parks slated for closure if the current California budget passes.

July 10 and 11 we will be camping at Manresa State Beach south of Aptos. We have one more tent site available, or you are welcome to come down and join us for a day of fun on the beach. Contact me for details.

August 1 we will visit Butano State Park just south of Pescadero. We'll climb up the south side and do a loop around the upper reaches of the lush canyon that forms most of the park.

Depending on when/if the parks close, we'll hike around Mt. Tamalpais on September 5 or possibly August 29.

Women's Group — Geri Kennedy

UUFRC women are welcome to gather for conversation on Wednesday, July 15, 7–9 p.m. Our general topic for July will be "Self Awakening." Meet at the Kennedy home at 263 Alameda de las Pulgas (between Hopkins and Brewster) in the cottage in back. Newcomers are always welcome.

Activities for Parents

The Parents Support Group will meet on Sunday, July 19, 9–10 a.m. All parents are welcome to this drop-in group, led by Susan Lehman.

Susan is also leading a class at UUFRC entitled "Twenty-One Tools to Create Self-Reliant Children." It will take place on three Saturdays starting July 18, from 9 a.m. to noon. You can get more information and register at www.pdsuccess.com/slehman. There is a fee for this class.

Cakes for the Queen of Heaven Class—Part 2

If you missed Part 1 last summer, you will still enjoy Part 2. We will continue our journey into the past to reclaim the stories of powerful women to be found in ancient Judaism and early Christianity. We will celebrate the exciting new world view and the Alogy that has emerged in our time and explore the personal and social changes that may be suggested by that view. The class will meet on four Wednesdays beginning July 22, 7:30–9:00 p.m. in the Back Lounge, led by Geri Kennedy.

Book Discussion Group — Carolyn Chaney

Join the group on Monday, July 13 from 7:30 to 9:00 p.m. for a discussion of Fae Ng's book, *Bone*. The book is available at the library or Kepler's (ask for UUFRC discount). It is about three sisters growing up in San Francisco's Chinatown. The story that everyone knows is how the middle sister, Ona, committed suicide by jumping off of the Nam, a local housing project. The novel tells of the struggle of the narrator, the eldest sister Leila, and her mother, stepfather, and sister to deal with this death and the family turmoil that it causes.

Bring your suggestions for books for August and onward. We read both fiction and nonfiction.

Northern California Unitarian Universalist Camps and Conferences Presents

Labor Day Camp 2009

at Camp 2 of the Mendocino Woodlands from September 4-7, 2009

An Optional Day on your own September 3rd.

A weekend for Adults age 18 and up

Come join us in the grandeur of the glorious redwoods. *Refresh* your spirit in the crisp air and serene setting, *Renew* yourself by indulging in adult conversations, solitude along the creek, or fellowship in the lodge. *Restore* your vitality with activities such as music, hiking, fireside chats, dancing, beading, round singing or other spontaneous fun with fellow campers.

Saturday Night Costume Party: Fact & Fantasy

Come dressed as a favorite character either real or imagined!

Friday-Monday, 4 day option

If paid (postmarked) by August 8th
\$120/per person for a 4 person cabin
\$130/per person for 2 person cabin.
If paid thereafter:
\$145 or \$155 per person respectively.

Thursday-Monday, 5 day option

Add \$20 per person
PLEASE NOTE: This day is on your own with no planned activities. Meals are also on your own until the Friday evening meal. The kitchen is available to do your own cooking.

Please make checks payable to NCUUCC and send registration to:

Bill Cornelius
3700 Muir Mill Road
Willits, CA 95490
(Total amount must be paid at time of registration)

Call for Workshops

If you would like to lead a workshop, please contact one of the Deans **by August 23:**

Marty Hoffman (mjanehoffman@yahoo.com) (650) 876-1904

Bernadette Burns (drbearsong@aol.com) (209) 538-3862

Tuition scholarships for workshops will be determined by Deans on an individual basis.

Registrar: Bill Cornelius (billq@pon.net)

For more information, please contact the deans or registrar or go to:

<http://www.unitariancamps.org>

Who's Who and How to Contact Us

UUFRC Regular Events

Every Sunday ~ Worship Service, 10:30 a.m.
 Every Thursday ~ Choir Rehearsal, 7:30 p.m.
 1st Sundays ~ Social Action Committee, 11:30 a.m.
 2nd Sundays ~ RE Committee, 8:30 a.m.,
 and Newcomer Circle, 11:45 a.m.
 2nd Mondays ~ Book Discussion Group, 7:30 p.m.
 2nd Wednesdays ~ Committee on Ministry, 7:15 p.m.
 2nd Thursdays ~ Board of Trustees, 7:00 p.m.
 2nd Fridays ~ New Horizons, 1-3 p.m.
 3rd Mondays ~ Membership Committee, 7:00 p.m.
 3rd Tuesdays ~ Worship Committee, 7:00 p.m.
 3rd Wednesdays ~ Women's Group, 7:30 p.m.
 and PIA Local Org. Comm., 7:30 p.m.
 4th Mondays ~ Arts & Crafts Group, 7:00 p.m.
 4th Wednesdays ~ Finance Committee, 6:20 p.m. ,
 and UU Voices for Health Care, 7:30 p.m.
 Last Thursdays ~ Newsletter assembly for mailing, 1 p.m.
 See the [Calendar of Events](http://www.uufrc.org) at www.uufrc.org for updates

To join our UUFRC e-mail group, send any e-mail message to: **uufrc-subscribe @ yahoogroups.com**. View some helpful info about the group (no subscription needed) by sending any message to: **uufrc-help @ yahoogroups.com**. Once you have subscribed, you can post to the group by sending your message to **uufrc @ yahoogroups.com**.

UUFRC Staff

Reverend Julia Older, Minister
 older @ sbcglobal.net 363-2409

Tracey Fecher, Director, Religious Education
 dreuufrc @ yahoo.com

Office hours: Tues. & Thurs., 10:30 a.m.–2 p.m.

Debra Schwab, Administrator
 Office hours: Mon., Wed., Thurs., 10 a.m.–noon and
 1:00–3:00 p.m. office @ uufrc.org

Office: 365-6913 ~ Fax: 368-1461

Susan Nitzberg, Choir Director
 stnitzberg @ yahoo.com

Cindy Johnson, Welcoming Coordinator
 phreeps @ pacbell.net

Susan McBain, Newsletter Editor (volunteer)

Newsletter Deadline: Noon, Friday before last Thursday.
 E-mail articles to: **newsletter @ uufrc.org** (preferred),
 or mail or bring hardcopies to the office.

Board of Trustees for 2009–2010

Contact a board member if you have ideas to share regarding the organization and governance of the church.

David George (Recording Secretary)	568-3265	georgedave @ gmail.com
Peter Hartzell (President)	368-3638	pdhartzell @ earthlink.net
Ralph Humphries	592-1571	ralph_humphries @ yahoo.com
Lori Longo (Vice President)	365-0203	Lori @ Longo.net
Mike McGrew	802-9102	mmcgreg @ earthlink.net
Beverly Morgan (Corresponding Secretary)	366-6378	bevie.lou @ gmail.com
Janette Rabin	508-8500	janetterab @ aol.com

Committee on Ministry for 2009–2010

Contact a Committee on Ministry member if you have issues to discuss regarding the shared ministry of the church. Examples include worship, outreach, how we are treating each other, and how the settled minister is serving the congregation.

Pat Crawford	365-1039	opengator @ aol.com
Steve Hill	361-1567	hilldepotfarm @ msn.com
Heather Hopkins (Chair)	233-9887	heather @ mynewredshoes.org
Anna Olsen	361-1393	annamichelle @ aol.com
Cal Sloan	306-7818	calsloan @ hotmail.com
Susan Walker-O'Brien	361-8797	susanobrien @ sbcglobal.net

Calendar of UUFRC Events, July 2009

Wednesday	1		
Thursday	2		
Friday	3		
Saturday	4	11:30a	Potluck Fourth of July party (Kendall home)
Sunday	5	10:30a 11:45	Service: <i>Where Is the Stranger?</i> — Rev. Kurt Kuhwald Social Action Committee
Monday	6		
Tuesday	7		
Wednesday	8		
Thursday	9	7p	Board of Trustees
Friday	10		
Saturday	11	9a-12n	Adult RE Workshop: Circling the Bay: A Pilgrimage to Wild and Sacred Places
Sunday	12	10:30a 11:45a 12n	Service: <i>Letting Death Feed Life</i> — Rev. Vicky Combs Newcomer Circle Pastors for Peace Kickoff Party
Monday	13	7:30p	Book Discussion Group
Tuesday	14	7p	Job Seekers Group
Wednesday	15	7p	Women's Group (Kennedy home)
Thursday	16		
Friday	17		
Saturday	18	9a-12n	Twenty-One Tools to Create Self-Reliant Children
Sunday	19	10:30a	SF Aids Walk (contact Geri Kennedy for details) Service: <i>Ministry and the Deep River-Runner Path</i> — Rev. Kurt Kuhwald
Monday	20	7p	Membership Committee
Tuesday	21		
Wednesday	22	6:45p 7p 7:30p	Finance Committee UU Voices for Health Care Cakes for the Queen of Heaven
Thursday	23		
Friday	24	12n	Newsletter deadline
Saturday	25	9a-12n 4p	Twenty-One Tools to Create Self-Reliant Children Bev and Tom Morgan's annual music party
Sunday	26	10:30a 12:15p	Service: <i>Hope on a Tightrope</i> — Rev. Kurt Kuhwald Food Lover's club
Monday	27	7p	Arts & Crafts Group
Tuesday	28	7p	Job Seekers Group
Wednesday	29	7:30p	Cakes for the Queen of Heaven
Thursday	30	1p	Newsletter assembly
Friday	31	8p	Chant Night

The Annual Morgan Music Bash, July 25

Bev and Tom Morgan are having their 17th annual music party at UUFRC. It will be Saturday, July 25, 4–10 p.m., with lots of live music and a potluck. If you're a musician, bring your instrument and join the jam. Bring a munchie and/or beverage to share; we will provide some food, beer, and wine. We'll set up the music in the sanctuary, food in the social hall. Come join us!

...And Save the Date: The UUFRC Retreat Is Coming, Oct. 23–25

The 2009 UUFRC Retreat is scheduled this year for Oct. 23–25. Join us for this wonderful getaway for our community in the redwoods of Aptos. Games, music, hikes, workshops, crafts, and worship fill the days, along with old and new friendships, and good food. Save the date!



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Submissions for next issue due **July 24**.

The *Redwood Reachout* is on the church web site at <http://www.uufrc.org/newsletter.html>. If you are unable to access the church web site, you can contact the office to request a printed copy.